

Facilitating a Taste Test

In the classroom



Materials

- Local veggies
- Plates
- Post-it notes
- "Words to Describe Food Word Bank" posters
- "Good Enough to Eat" book

Focus Standards

- Science: 5 senses, Plant Needs, Plant Parts, Seasons
- Math: Division, Graphing
- ELA: Phonics Parts of Speech
- Nutrition

Lesson

Engage

- Teacher distributes a paper plate of "mystery veggie" to each table.
- How would you describe what the veggie looks like? What shape is it? What shape would you see if you cut it in half? Review geometry concepts.
- How does the veggie feel, and smell? Use senses.
- What is the name of the veggie? (Teacher collects data).
- How do you spell that? Review phonics concepts.
- Have you tried this veggie before? (Teacher collects data).

Explore

- How does the veggie grow? What plant part will we eat? Share big ideas on plant parts.
- When do you think it grows? Share big ideas on seasons.
- How much space do you think it needs to grow? Share big ideas on plant needs.

Prepare to Taste:

- Why would we eat this veggie? Share big ideas on nutrition, using the book "Good Enough to Eat".
- How can we divide these veggies among the students? Review division concepts.
- Choral Read:
 - As we sit around this table, let's give thanks as we are able
 - To all the farmers we'll one day meet, that helped grow this food we eat.

Taste Test: Take a bite on the count of 3... 1, 2, 3!

- How could you express your opinion of it? Model appropriate phrases.
- What words can we use to describe the veggie? Use "Words to Describe Food Word Bank."

Evaluate:

- Bar Graph: Loved it / Liked it / Didn't Care for it
- Each student lines up a post-it note above their response to form a class bar graph.