

# Planning a Spinach Taste Test

In the Cafeteria

SPINACH  
to WIN it!

## Before the Day of the Taste Test

### Recruit a Team:

Recruit a team of support in your school to help plan and lead the taste test. The team could include School Nutrition Director, Cafeteria Manager, School Administration, teachers, students, and parents.

### Plan the Taste Test:

Gather the team of supporters to plan the taste test. Discuss sourcing, scheduling, budget, and preparation, along with planning the day-of details.

### Sourcing, Scheduling, and Budget

- What day will the taste test be?
- Where will the spinach be sourced? How much spinach should be purchased?
- Who will cover the cost of the spinach and other needed materials?

### Preparation

- How will the spinach be prepared for tasting? What equipment will be needed?
- Who will prepare the spinach or recipe and divide into sample-sized portions?
- When should the produce be prepared and where will it be kept?
- Day-of Details
- Where will the taste test be served? Who will serve it?
- Who will be responsible for setup? Who will be responsible for clean up?
- What else will be needed beyond samples? (see “Items to Bring” below)
- How will data be collected?



 **GEORGIA ORGANICS**

Farm to School

Taste Test

Cafeteria

[farmtoschool.georgiaorganics.org](http://farmtoschool.georgiaorganics.org)

#SpinachToWinIt

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### On Taste Test Day:

#### Setup the Taste Test Area:

It is generally best to separate the taste test sampling area from the cafeteria line. Place your taste test in a central, high-traffic location where students will easily pass by.

#### Items to bring may include:

- Tablecloth and signage: "Taste Test Today!"
- Have spinach leaves in a bowl/plate on display
- Serving vessels, utensils, and gloves
- Surveying materials

#### Collect Data:

Gather tallies from students as they taste. Questions may include:

- Did you try it? (Yes / No)
- Did you like it? (Yes / No)
- Would you try it again? (Yes / No)

#### After the Taste Test:

#### Share Results:

Post the survey results in a creative way - on a bulletin board, in an email newsletter, and send them to Georgia Organics!

**Use #spinntowinit to share on social media!**

#### Dig Deeper:

Allow opportunities for students to help plant, grow, harvest, or prepare the spinach for a taste test and they will be more likely to try it!

