

Spinach Book List Suggested Titles for Farm to School Month



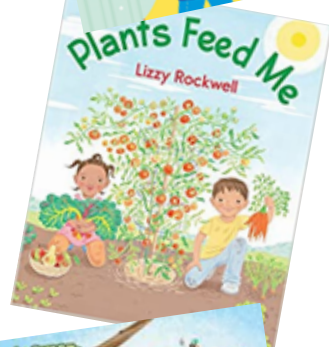
Sylvia's Spinach

Picky eater Sylvia discovers the joy of growing food and the pleasure of tasting something new. Also available in Spanish.



Sneaky Spinach

Nick doesn't know how important fruits and vegetables are for his brain and body, so a group of Super Spinach leaves come up with a clever little scheme.



Plants Feed Me

With its simple text and bright, appealing illustrations, this book is perfect for young readers learning about where their food comes from. This celebration of fruits, vegetables, and more is sure to get kids interested in what's on their plates!



Pete Moss and the Super Strong Spinach

Follow Pete Moss in this magical, beautifully illustrated story as he attends boarding school on Bloomers Island to learn about gardening and growing his own vegetables.



Green Green: A Community Gardening Story

When buildings start rise up and a whole city builds, can there be any room for green space? The neighborhood children think so, and they inspire the community to join together and build a garden for everyone to share in the middle of the city.

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The Good Garden: How One Family Went from Hunger to Having Enough

Based on the real story of farm transformation underway in Honduras and many other countries, this book offers children ways they can be part of the movement to grow "good gardens" and foster food security.



Sweet Potato Pie

During a drought in the early 1900s, a large loving African American family finds a delicious way to earn the money they need to save their family farm.



Rainbow Stew

It's a rainy summer day, but the vegetables in Grandpa's garden are just waiting to be picked. So many delicious ingredients to slice, chop, peel, and dice for a great big pot of mouthwatering Rainbow Stew.



No Kimchi For Me!

Yoomi hates kimchi—the pickled cabbage condiment served at Korean meals. Then Grandma shows Yoomi how to make kimchi pancakes. This is a story about family, food, and a six-year-old "coming of age", and at the same time celebrates Korean culture.



Auntie Yang's Great Soybean Picnic

Auntie Yang's Great Soybean Picnic is a delicious and satisfying celebration of family traditions, culture, and community building that will have readers asking for seconds.