

"Eat a Rainbow" Matching Game

Eat a Rainbow - Lesson 3



Georgia Early Learning and Development Standards:

- CD-MA4.3b. Sorts objects by one attribute, such as color, shape or size.
- PDM2.4b. Sorts foods into groups and communicates the benefits of healthy foods.
- PDM3.4b. Demonstrates spatial awareness through play activities.
- APL5.4a. Willingly joins in sustained cooperative play and learning with others to complete a task.

For the Classroom:

- Group structure - whole group
- Location - moving on the carpet
- Approximate time - 10 minutes

Reproducibles

- ["Eat a Rainbow" Poems Poster](#)
- [Fruit and Vegetable Cards](#)



Directions

1. Designate a certain area of the learning space for each color, perhaps by hanging the "Eat a Rainbow" poem poster for each color.
2. Provide each child with one or more of the "Fruit and Vegetable Cards"
3. When you say "go," children can walk around the learning space to place their card near the color that matches the color they see. Note that some fruits and vegetables on the cards, such as the one for carrots, show more than one color (like in the "Edible Colors" book!) and any color should be accepted.
4. When everyone has finished and returned to the whole group area, review each color again, repeating the echo reading of the poem for each color then showing and naming the fruits and vegetables of that color.



Lesson Created by Jenna Mobley for Georgia Organics