

Eat a Rainbow 1. Read “Edible Colors” Book

SPINACH
to WIN it!

For the Classroom:

Group structure - whole group

Location - seated on the carpet

Approximate time - 5 minutes

Georgia Early Learning and Development Standards:

CD-CR2.2b. Describes what he/she sees when looking at pictures, photos, and art work.

CD-CP2.4c. Uses information gained about familiar objects and can apply to a new situation.

CLL2.4b. Connects new vocabulary from books with prior experiences and conversations.

CLL5. The child will acquire meaning from a variety of materials read to him/her.

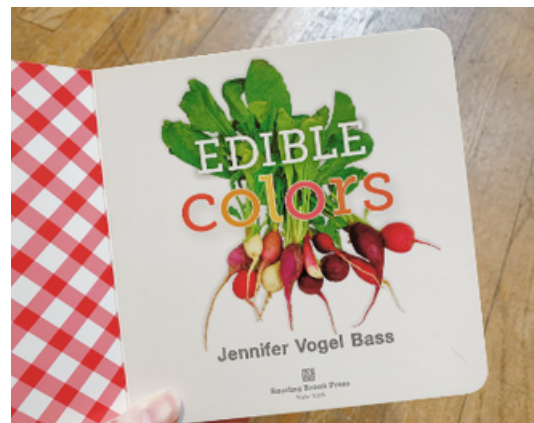
CLL8. The child will demonstrate awareness of print concepts.

Materials:

- Spinach leaves (if available)
- “Edible Colors” by Jennifer Vogel Bass

Directions:

- Review the colors as you read.
- Connect to children’s personal eating experiences by discussing familiar foods as they are shown in the book.
- Also, note that spinach is green when discussing green fruits and vegetables.



Lesson written by Jenna Mobley for Georgia Organics

 **GEORGIA ORGANICS**

PreK

Language

 5 min

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