

Pepper Activities

Create a bean and bell flower garden!



Materials

- 4-5 bell peppers (different colors)
- 1 handful of fresh green beans
- 1 plate

Steps

1. Slice off the bottom of the peppers to create the flower shape. You can use as many different colors as you'd like!
2. Slice or break the green beans into different lengths to make the grass.
3. Place peppers and green beans on plate and design.
4. Feel free to eat the fresh vegetables after you're done creating your beautiful garden!

Eat a Pepper Octopus



Materials

- 1 yellow or orange bell peppers
- 1 tub hummus
- 1 small shallow bowl
- Wiggle googly eyes stickers

Design a Cultural Pepper Map

Materials

- 1 printout of world map
- Red chili pepper stickers
- Pepper Palooza Pepper Varieties Facts Sheet
- Pepper Palooza Pepper Cultural Facts Sheet

Steps

1. Using information from your facts sheets, you will place a chili pepper sticker on places on the map where peppers are grown.
2. Bonus points if you can list the type of pepper and its Scoville rating heat level!
3. In the end, count how many you got correct to learn about peppers around the world!

Steps

1. Deseed and slice the pepper into strips.
2. Scoop the hummus into a small shallow bowl.
3. Cut off the top of the pepper. Carefully pull out the seeds, keeping the outside of the pepper intact.
4. Cut three thin rings from the top of pepper, then cut each ring into three for the legs.
5. Turn the remaining piece of pepper upside down and add 2 googly eyes.
6. Now you have a pepper octopus!



Pepper Activities



Create a pepper train!



Materials

- 4-5 peppers (different colors)
- 1 cucumber
- 1 carrot
- Celery sticks
- Toothpicks



Steps

1. Slice off the tops of the peppers and scoop out the insides.
2. Leave the pepper stalks on the outside to connect the train later.
3. Cut the cucumbers and stick them into the side of the peppers with the toothpicks.
4. Put the pepper carriages in a row to look like a train.
5. Add carrot, cucumber, celery and pepper sticks to the carriage and enjoy!



Bell Pepper Shamrock Art

Materials

- Bell peppers
- Green paint (or other colors)
- Paper

Steps

1. Cut the bell peppers in half. See if you can one with three AND four chambers.
2. Dip the peppers in the green paint (or whatever color you choose).
3. Start stamping on the paper!