

Tops or Bottoms 4.

Taste a Plant Parts Salad

SPINACH
to WIN it!

For the Classroom:

- Group structure - whole group
- Location - at seats
- Approximate time - 20 minutes

Common Core and Georgia Standards of Excellence:

- S1L1a. Develop models to identify the parts of a plant—root, stem, leaf, and flower.

Materials:

- Large bowl, tongs
- Fruits and vegetables of different edible plant parts, all washed and sliced
 - Root—Turnips, Carrots, Radishes, Beets
 - Stem—Celery, Asparagus, Broccoli
 - Leaf—Spinach, Baby Kale, Lettuce, Arugula
 - Flower—Broccoli, Cauliflower
 - Fruit—Summer Squash, Zucchini, Tomatoes, Oranges, Berries
 - Seed—Peas, Corn, Sunflower Seeds
- Dressing (sweet vinaigrette recommended)
- Plates, forks, napkins

Directions:

- Assemble the salad in a large bowl, reviewing the plant parts as each one is added.
- Drizzle a light dressing and toss the salad.
- Distribute a serving to each child and taste the plant parts together.



Lesson written by Jenna Mobley for Georgia Organics

 **GEORGIA ORGANICS**

Grades K-2

Science

 20 min

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