

# Comparing Peppers Taste Test

ELA



## For the Classroom:

- Group structure - whole group or small group center
- Location - at seats
- Approximate time - 20 minutes

## Common Core English Language Arts Standards

- CCSS.ELA-LITERACY.L.K.5.B. Demonstrate understanding of frequently occurring verbs and adjectives by relating them to their opposites (antonyms).
- CCSS.ELA-LITERACY.L.1.1.F. Use frequently occurring adjectives.
- CCSS.ELA-LITERACY.L.2.6. Use words and phrases acquired through conversations, reading and being read to, and responding to texts, including using adjectives and adverbs to describe

## Materials:

- Bell peppers, sliced raw (1 taste per student)
- Jar of roasted bell peppers (1 taste per student)
- Jar of pickled banana or pepperoncini peppers (1 taste per student)
- Gloves or tongs (to safely distribute samples)
- Paper towels (1 per student)



## Directions:

1. Distribute one raw bell pepper slice to every student. Ask students to show you on their thumbs up/down if they have ever tasted one before. On the count of three, invite them all to taste. Think-Pair-Share responses to the following questions:
  - a. What adjectives would you use to describe the taste of the pepper?
  - b. What adjectives would you use to describe the texture of the pepper?
2. Distribute one roasted, canned bell pepper to every student. Ask students to show you on their thumbs up/down if they have ever tasted one before. On the count of three, invite them all to taste. Think-Pair-Share responses to the following questions:
  - a. How would you compare the taste of the pepper when it is raw to when it is roasted?
  - b. How would you compare the texture of the pepper when it is raw to when it is roasted?
3. Distribute a pickled banana or pepperoncini pepper to every student. Ask students to show you on their thumbs up/down if they have ever tasted one before. On the count of three, invite them all to taste. Think-Pair-Share responses to the following questions:
  - a. How would you compare the taste of the bell pepper to the banana pepper?
  - b. How would you compare the taste of a roasted pepper to a pickled pepper?

For more information on best practices for students assisting with the preparation of the peppers:

- [Knife Skills for Kids](#)

For more information on step-by-step mindful taste tests with kids:

- [Mindful Taste Tests for Kids](#)

For more related language arts activities, see last year's "Eating the Alphabet" activities and accompanying materials:

- [Read "Eating the Alphabet" Book](#)
- [Complete the "Eat the Alphabet" Challenge](#)
- [Write an "Adjectives to Acrostics" Poem \(Tasting Adjectives Word Bank\)](#)