

Juneteenth and Okra's Legacy

10th Grade American History



Overview

This lesson will challenge students to view the southern diet and the factors that shaped it. They will also be able to explore Juneteenth and why it is culturally-relevant today. Time needed: 2-3 class periods with option to do additional work outside of class.

Standards:

- SSUSH9 Evaluate key events, issues, and individuals related to the Civil War
 - a. Explain the importance of the growing economic disparity between the North and the South through an examination of population, functioning railroads, and industrial output
 - c. Describe the significance of the Thirteenth, Fourteenth, and Fifteenth amendments.

Objectives:

- Students will understand the influence of African slavery on the the Americas.
- Students will explore culture through food..
- Students will make connections to history and how they impact their diet.
- Students will present their recipe to the class in a Juneteenth celebration.

Materials:

- [SchoolTube Video on Juneteenth](#)
- [History of Juneteenth](#)
- ["Okra the Best Substitute for Coffee"](#)
- [Okra: How it Got to the United States, How to Grow it and How to Eat it"](#)
- [Fried Okra Recipe](#)

Outline:

- Engage: Students will watch the [SchoolTube video on Juneteenth](#).
- Explore: Students will explore Juneteenth in this [article](#) and explore how okra and other African foods arrived in America by doing research on the topic.
- Explain: Teacher will explain how okra became a staple of the Southern American diet. They will also discuss how okra was
- Extend: Students will host a Juneteenth celebration highlighting okra and other food contributions of African slaves.



*Lesson written by: Brooke Lewis-Slamkova
Apalachee High School Educator
and Maple Park Homestead Farmer*



Juneteenth and Okra's Legacy

10th Grade American History



Lesson Plan:

- Engage: Students will be shown the [SchoolTube video on Juneteenth](#). This would follow their studies of the civil war and the emancipation proclamation.
- Explore: Let the students explore how African slaves brought their own agricultural products to the Americas by braiding seeds in their hair, sharing their foods with plantation owners, and current recipes that are contributed to African influence.
- Explain: Teacher will explain that students will create their own Juneteenth celebration where they cook and share their researched food items.
- Extend: Students will research and prepare their okra and other food items for the celebration, create posters explaining the celebration and the history of the foods they researched, and possibly invite other classes or students to join them in the celebration..
- Evaluate: Students will evaluate the success of their project based on how well they convey their knowledge to the teacher and guests.



Lesson written by: Brooke Lewis-Slamkova
Apalachee High School Educator
and Maple Park Homestead Farmer